

Instructions for Registration for Pilgrimage:

Please do the following:

- 1. Print, read well, fill out and sign the following two pages.**
- 2. Write the deposit check for 105 USD payable to Gurme Lama, Lama Gursams legal name and include it in the envelope with the registration forms. The deposit will go towards the price of the tour. However if you cancel the deposit it is non refundable.**
- 3. If you wish to scan your filled out registration forms and e mail them instead of sending them in the mail, (which I would prefer) please do not forget to mail the deposit check for 105 USD to the address below. You will not be registered until your deposit is received.**
- 4. Mail the registration forms with check to:
Lama Gursam c/o Phuntsok Tobgyal
356 Westminster Rd.
Brooklyn, New York 11218
USA**

or

E mail the scanned forms to The Bodhichitta Foundation E mail:

tbfpeace@gmail.com

Then mail the check only to the above address.

- 5. Contact US! E mail Amber at blueskypie@gmail.com or tbfpeace@gmail.com to let us know that you have registered.**

Sacred India Pilgrimage: In the Footsteps of the Buddha
with Yogi Lama Gursam FEBRUARY 28 TO MARCH 14 2010
15 day Pilgrimage and Teachings on the Buddhist Path and Meditation

Contact us: e mail: blueskypie@gmail.com or tbpeace@gmail.com
Yogi Lama Gursam (443) 822 4876 or e mail: lamagursam@gmail.com

Name (as in Passport)

Nom - Nombre

Country of Citizenship _____

Street No. _____

Rue & No. – Calle y No

City _____ **State/Prov.** _____

Zip Code _____ Country _____

Telephone(work) _____ **Telephone(home)** _____

Tel. Travail – Tel. Trabajo

Tel Privé – Tel. Privado

Cell _____ **Email** _____

Languages _____ **Occupation** _____

Langues parlées - Idiomas

Occupation - Ocupación

Illnesses _____ **M**

aladies - Enfermedades

Prescribed medication _____

Medicaments - Medicamentos

Contact in case of emergency _____

Contacter en case d' urgence – Contacto en caso de emergencia

Telephone
Téléphone - Telefono

Relationship
Relation - Relación

I have included my 105 USD check payable to Gurme Lama **Yes**_____

My reason to do the pilgrimage and brief expectation.

GENERAL RULES

The pilgrimage is a Sadhana (spiritual practice) and will be lead by Lama Gursam with a view to experience some of the spiritual sources of Buddhism in India. The pilgrimage will require constant adaption to local customs. Anyone wishing to separate from the group, whatever the reason or circumstances may be, please obtain permission from Lama Gursam or the Pilgrimage guide in charge as we may worry about your whereabouts. Your conduct – private or public – should enhance the spiritual atmosphere, especially in temples and meditation halls where respectfulness and appropriate clothing according to the tradition have to be taken into consideration. Please speak with Lama Gursam and Amber who are happy to help you to understand the spiritual nature of the tour as well as answer any questions you might have. Specific information concerning clothing, luggage restrictions, medical prevention and diet will be also be given in a separate document.

I will bring:

Walking shoes, layered and warm clothing, rain gear, 2 passport size photos, medication I may need such as; **Tylenol, Gravol, cough and cold medicines, Pepto Bismol tablets, anti diarreal tablets, face mask for dust, Anti Malrial, Ciproflaxin and Giardia medication from your MD as well as required immunizations.**

As a participant in the pilgrimage of Yogi Lama Gursam’s 2010 group I acknowledge the above mentioned rules I am fully responsible for myself, my health and my personal belongings.

In case of cancellation, no refund of 105 USD deposit will be given. **Payment for Pilgrimage in it’s entirety is due payable to Yogi Lama Gursam on the day of arrival February 28th in USD cash only according to the number of pilgrims in attendance on February 28th, 2010.**

I have contacted..... to confirm my participation in this pilgrimage.

Date:

Signature.....